



Monacan Indian Nation Elder Program

The Elder Program of the Monacan Indian Nation is a dedicated initiative for our Tribal Elders and disabled citizens. This program provides a welcoming space for activities, social interactions, and nutritious meals.

Now we are meeting twice weekly, Tuesday and Thursdays at 11:30AM at the Tribal Hall located at Bear Mountain, Monroe VA. A new Elder Center is nearing completion and once completed all activities will be shifted to 111 Highview Drive, Madison Heights VA, behind tribal offices.

Transportation is available for those residing in our service areas who require assistance with commuting to the Elder Program meetings.

For those unable to attend our meetings, we provide referral services to several area aging agencies (AAA) that operate in our service area. Services offered are Meals on Wheels, caregiver support groups and dementia support groups, congregate site with meals where you can socialize with others, Medicare services/counseling (understanding your Medicare and changing plans), and a few others. The service providers are Jefferson Area Board of Aging (JABA), Central Virginia Alliance for Community Living Inc. (CVACL), and the Valley Program for Aging Services (VPAS).

For assistance with referral services or to check the availability of these services in your area, please reach out to Brooke Wilde or Becky Coles at (434)363-4864. If you reside in one of our service areas and wish to join our facility, feel free to contact us at the same number.

Brooke Wilde
Elder Center Manager

Becky Coles
Elder Center Program Coordinator